

## CLEARING YOUR ENERGY FIELD

**While on this Earth,** we are Divine Energy Beings in physical bodies. As Energy Beings, we live in a world that is pure energy and as such, we are susceptible to the invisible thoughts, feelings and energies that are circulating around us. It is important to awaken to this phenomenon that has gone largely unnoticed because it is INVISIBLE. Consciously clearing our energy field daily is extremely important for us to stay clear and to feel good. Just as we consider it good hygiene at the physical level to bathe and brush our teeth every day, it is extremely important that we establish excellent habits at the non-physical level by clearing our Energy field with focused attention at least twice a day, at the start and end of our day.

**During the day,** whenever you feel “off,” there is a good chance you are being affected by energy around you that is NOT you. Clearing your Energy field and re-aligning in the 6-minute *Diamond Alignment Experience* is the fastest way back to your Diamond Clarity.

**Here is a great declaration** that is effective first thing in the morning, after work (or any time during the day when you feel “off”) and before bedtime. We recommend printing this declaration and keeping it with you.

### Energy Field Clearing

**The strong focus of your attention** when you make this declaration (preferably out loud) gives power to the clearing:

**“In the Name and through the Power of Jesus Christ, I order all energies, interference, entities, beings, thought forms, feelings, patterns, programming and imprinting across all time, all space, all dimensions, all levels and all planes that are not in Alignment with my Highest Diamond Blueprint to leave my body, my mind and my Energy field NOW! Go to the Light if you would like and Behold the Light of CHRIST! I ask my angels to escort you to the Light if you’d like. If not, go to a plane that is appropriate for you. It is not appropriate for you to be here. Thank you for leaving Now!”**